

Accountability

Philosophy:

Accountability is not primarily for you to give an account of your sins. An accountability partner's primary role is to give you an account of the gospel. In this way, we don't want the lame accountability that can reinforce the experiences of failure that further drive us away from God, but rather the true accountability that helps us experience the healing power of Jesus.

Some rules to follow:

- What is said in the group stays in the group
- Do not interrupt, unless a person is rambling, and then do so graciously.
- Do NOT give advice.
- Don't force confession. (no waterboarding, folks)
- Respect your group members and show up early or on-time.
- Listen to and pray for each other.

Some questions to ask:

Symptomatic Questions

- Tell us about your failures and victories this week. Be specific please.
- What have you learned about yourself from using the FASTER scale?
- Has anything kept you from being totally honest with us today?

Diagnostic Questions

- What was the catalyst for any relapses or battles this week?
- What were the emotions you were feeling, or lies you were agreeing with?

Healing Questions

- In regard to those lies, what does God say is true of you in His Word?
- In what areas/ways is it difficult for you to believe these truths? What keeps you from fully embracing this?

Looking Ahead

- What challenges will you face this coming week?
- How can you be proactive to deal with these potential triggers?
- How can we encourage you this week?

Pray against the enemy and for each other.